



## Study Guide: Ephesians – Chapter 5

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This study guide provides an educational overview of Ephesians Chapter 5 using a verse-by-verse structure, theological context, and application-oriented insights grounded in Scripture.

### **Introduction**

Ephesians Chapter 5 serves as a pivotal section in Paul’s letter, transitioning from theological foundations to practical Christian living. This chapter exhorts believers to imitate God’s love and walk in holiness, emphasizing the transformative power of the gospel in everyday conduct. Readers should watch for the interplay between divine love and ethical behavior, as well as the call to live wisely in a world marked by darkness. The chapter also introduces the profound metaphor of marriage as a reflection of Christ’s relationship with the church, which is central to understanding Christian community and personal relationships.

### **Context**

Ephesians is a letter attributed to the Apostle Paul, written to the church in Ephesus during his imprisonment. The immediate literary context of chapter 5 follows Paul’s exposition on unity in the Spirit and the mystery of the church as the body of Christ. Historically, Ephesus was a major urban center with diverse religious practices, including pagan worship and immorality, which Paul addresses by calling believers to a holy lifestyle. The key speaker is Paul himself, writing to instruct and encourage the Ephesian believers in their walk with Christ. This chapter fits within the covenantal framework of God’s redemptive plan, highlighting the ethical implications of being united to Christ through faith.

### **Outline**

The chapter can be divided into three main movements. First, Paul calls believers to imitate God’s love and live a life of holiness, avoiding impurity and greed. Second, he contrasts the behaviors of the wise and the foolish, urging believers to walk in the Spirit, filled with thanksgiving and discernment. Third, Paul presents the metaphor of marriage, explaining the relationship between husband and wife as an illustration of Christ’s love for



the church and the church's submission to Christ. Each section builds upon the previous, moving from personal conduct to relational dynamics within the Christian community.

### **Verse-by-Verse Study**

Verses 1–3: Paul begins by urging believers to be imitators of God, emphasizing love as the defining characteristic. He warns against impurity, greed, and any form of immorality, highlighting that such behaviors are inconsistent with the inheritance of the saints.

Verses 4–7: The apostle instructs the community to avoid obscenity, foolish talk, and coarse joking, which are inappropriate for those who belong to Christ. Instead, believers are called to live as children of light, exposing the deeds of darkness.

Verses 8–14: Paul contrasts the former life of darkness with the new life in the light. He exhorts believers to live as children of light, producing goodness, righteousness, and truth. The call to wake from spiritual sleep and live in the light is underscored by the promise that light reveals what is pleasing to the Lord.

Verses 15–17: The apostle encourages careful living, making the most of every opportunity because the days are evil. He stresses the importance of understanding the Lord's will, which requires wisdom and discernment.

Verses 18–21: Paul contrasts being filled with the Spirit with being drunk on wine. The Spirit-filled life is marked by worship, mutual submission, and gratitude, creating a community characterized by reverence and joy.

Verses 22–33: The chapter concludes with instructions on marriage, using it as a metaphor for Christ's relationship with the church. Wives are called to submit to their husbands as to the Lord, and husbands are commanded to love their wives sacrificially, just as Christ loved the church and gave Himself up for her. This passage highlights unity, love, and mutual respect within the covenant of marriage.

### **Key Themes**

One key theme is the imitation of God through love, which sets the ethical tone for Christian living. Another theme is the contrast between light and darkness, symbolizing the transformation from a life of sin to one of holiness. The Spirit-filled life is also central, emphasizing worship, mutual submission, and gratitude as marks of true discipleship. Finally, the metaphor of marriage reveals the depth of Christ's love for the church and



models relational dynamics grounded in sacrificial love and respectful submission.

## **Cross-References**

Ephesians 5's call to imitate God echoes Jesus' teaching in John 13:34 about loving one another as He loved. The contrast between light and darkness recalls John 1:5 and 1 John 1:5-7, which describe God as light and the believer's call to walk in that light. The metaphor of marriage is deepened by Christ's teaching in Matthew 19:4-6 about the union of husband and wife and Paul's further explanation in Colossians 3:18-19. The Spirit-filled life aligns with Galatians 5:16-25, which contrasts the fruit of the Spirit with works of the flesh. These passages together clarify the ethical and relational dimensions of Ephesians 5.

## **Application**

Modern discipleship rooted in Ephesians 5 involves actively imitating God's love in daily interactions, rejecting behaviors that contradict the gospel's holiness. Believers are called to live wisely, discerning God's will amid cultural pressures that promote immorality and superficiality. The Spirit-filled life encourages ongoing worship and gratitude, fostering community marked by mutual respect and submission. In marriage and other relationships, Christians are challenged to embody sacrificial love and humility, reflecting Christ's relationship with the church. This chapter invites believers to a holistic transformation that integrates faith with practical living.

## **Summary**

Ephesians Chapter 5 calls believers to a life of love and holiness by imitating God and walking as children of light. It contrasts the former life of darkness with the new life empowered by the Spirit, urging wisdom and gratitude. The chapter culminates in a profound teaching on marriage as a reflection of Christ's love for the church, emphasizing mutual submission and sacrificial care. Together, these elements form a comprehensive guide for living out the gospel in personal conduct and relationships within the Christian community.